

The BOMBARDIER

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Airmen Tabitha Winingler/2d CS

The Times reporter John Prime talks to Major Mark Church of the 11th Bomb Squadron Wednesday about the capabilities of the VB-52. Earlier this week, the 11th Bomb Squadron used the simulator to participate in an Air Warrior II exercise.

11th Bomb Squadron introduces VB-52

BY J. MANNY GUENDULAY
THE BOMBARDIER

The Mighty Deuce prides itself at being first to fight anytime, anywhere, even in cyberspace.

This week, the 11th Bomb Squadron is achieving this goal while assisting the 548th Combat Testing Squadron's Joint National Training Center Exercise, Air Warrior II 04-09, which involves several units from all four armed services. As with most exercises, the 2d Bomb Wing's mission in these exercises is to drop bombs on specified targets in a synthetic battle space; however, this time around some of the B-52s are not real, but instead VB-52s.

The VB-52 is not a new BUFF proto-

type, but rather, a virtual B-52 flown from a simulator that can interact with simulated environments such as the battle space of Air Warrior II. Since the exercise calls for bomber support from a non-visible, high altitude aircraft, this opens up an opportunity to test the use of a VB-52 in a real world exercise.

The Air Force's demand to have a simulator interact with an ongoing exercise has been around for several years. It was the call to support Air Warrior II that drove Lt. Col. Parker Northrup, 11th Bomb Squadron commander and the 11th BS to try to succeed on this technological endeavor.

"The genesis of this project was completed by Air Force Research Lab of Mesa Arizona in September 2002," the

colonel said. "They completed a 'proof of concept' that the legacy B-52 simulator could be networked with another B-52 simulator. We leveraged this experience to insert our simulators into the virtual battlespace. Over the last five months, the 548 CTS, commanded by Lt. Col. Mark Duffield, provided the training venue and interface with the joint training audience to inject realistic B-52 employment scenarios that we could use to conduct training.

"We found that the VB-52 is an answer for the Air Warrior II exercise because it is cheaper and more efficient to schedule simulations repeatedly than it is to live fly airplanes since the guy on the

See VB-52 on Page 8

96th: mission accomplished, returning soon

STAFF REPORTS

Members of the 96th Bomb Squadron deployed to Guam recently participated in a multinational five-week war game exercise called Rim of the Pacific, or RIMPAC.

Forty ships, seven submarines, 100 aircraft and nearly 18,000 Sailors, Airmen, Marines, Soldiers and Coast Guard members from seven countries participated in the biannual exercise. The complex exercise focused on multinational training and building trust and cooperation among the participants, which included forces from Australia, Canada, Chile, Japan, South Korea and the United Kingdom.

Lt. Col. Robert Colella, 96th Expeditionary Bomb Squadron commander, said RIMPAC was their most demanding exercise to date.

"We planned five long-range missions to Hawaii to take part in RIMPAC '04," he said. "Aircrews honed their combat skills in maritime operations, demonstrating their ability to deliver aerial mines as well as integrate into a large strike package."

The round-robin missions from Guam averaged 17-and-a-half hours and required two in-flight refuelings taking on more than 200,000 pounds of gas.

"The long-range missions confirmed what our adversaries fear," Colonel Colella said. "We deliver lethal firepower — anytime, anywhere!"

The people deployed to Guam will return home soon and the 20th Bomb Squadron will take their place.

"Part of our task was to build a framework for all bomber operations in the region," the colonel said. "I can easily say 'mission accomplished.' We will continue to refine our processes and make the transition silky smooth."

Weekend Weather



Today
Partly Cloudy

Saturday
Partly Cloudy

Sunday
Partly Cloudy

Hi: 94
Low: 74

Hi: 93
Low: 72

Hi: 91
Low: 71

News.....Page 5



Absentee voting is coming up
Dates, times and deadlines given for November election




Feature.....Page 11



Wing plans and exercises
Unit provides challenges for Barksdale

Sortie Scoreboard

2d Bomb Wing monthly flying goals

			
Depicted in hours			
Goal:	273.0	324.5	208.0
Flown:	135.6	186.0	112.7
Remaining:	137.4	138.5	95.3
As of:			
Aug. 20	-47.4	-58.0	-18.5



2d BW gets report card: Mighty Deuce takes care of business

BY COL. MICHAEL MOELLER
2D BOMB WING COMMANDER

It certainly has been a busy summer here at Barksdale with a heavy deployment load plus taking care of our "normal" daily home station operations. As always, the mighty Deuce took care of business and set the bar for excellence for all of our operational and training tasks. This week I wanted to give all of you a "state of the wing" vector since after six months in command it seems the perfect time to talk about where we are and where we are going.

The wing has embraced our TWO vector, and it is clearly evident that we are focused on mission excellence, taking care of each other and taking care of ourselves and our loved ones. If we use our goals as a report card, I would give the following grades:

- Meet 100 percent of warfighting and training commitments: A+. We have met every deployment or employment requirement while graduating all B-52 Formal Training Unit students on-time, ready to fight.
- Meet or exceed 80 percent of quarterly & annual Higher Headquarters' metrics: B. We are doing exceptionally well on all metrics for flying, fixing and supporting bomber operations but must work on some of the VERY tough metrics for base support and maintenance standards. Additionally, we are focused on the 24-hours seven days a week requirements for safety, security and force protection. All the numbers for on and off-duty accidents, incidents as well as violations are heading downward—they are going in the right direction, but we must not rest until they reach zero.
- Earn an "Excellent" rating or higher on every evaluation: No grade. We have not had any graded inspections.
- Be in the top ten percent or one of the top three wings in ACC for award and recognition winners, competition results, promotion opportunities and retention statistics: B. We are meeting our goal for everything except for promotion opportunities.

“It is clearly evident that we are focused on mission excellence, taking care of each other and taking care of ourselves and our loved ones.”

— Col. Michael Moeller
2d Bomb Wing commander



opportunities. We are working very hard to make every person as competitive as possible, but I need each of you to ensure you have done everything you can to help yourself. This responsibility includes building your job knowledge as well as your depth and breadth of experience, accom-

plishing your Professional military education and stepping up when opportunities present themselves.

- Achieve a minimum of our three highest priority mission enhancement projects and quality of life initiatives: C. We did not get any of our major facility upgrades in this budget, but we are doing what we can by using some innovative thinking to fund critical projects.

That is a short look at where we have been, but there is no time to rest on our laurels. We will keep our schedule as stable as

possible to ensure everyone has the chance to take a deep breath. But the summer is over, and we must get ready for new challenges ahead. The fall will be busier than ever — so get ready now! We will deploy more Deuce warriors in September, and we will conduct multiple conventional and nuclear exercises all the way until Christmas to test our readiness. The calendar is full of other events too, but I know we will meet the challenges head-on!

So, we should take pride in our accomplishments, but we must keep looking forward. Thanks for all you do in the service of this great nation. Your tremendous efforts are what keep us "second to none!"

Vision

The 2d Bomb Wing is first ... in peace ... in war ... to victory!

Mission

Exceptional warriors ready now to provide responsive, flexible and accurate bomber combat power and operational support to warfighting commanders. Anytime, anywhere.

Vector

Total focus on mission excellence

Work together — take care of each other to build trust and teamwork

Offer opportunities for personal and professional wellness and growth

Action Line 456-4000

actionline@barksdale.af.mil

The Action Line is an avenue for complaints, suggestions and kudos on services provided at Barksdale. Comments can help make the base a better place.

Although the Action Line is always available for use, the best and fastest way to resolve problems is through the chain of command or the organization involved.

Individuals are encouraged to go that route first. If the problem is still unresolved, call the Action Line and the appropriate base agency will address the problem. Positive feedback about Barksdale is also encouraged. Please leave a name and phone number when calling the Action Line as more information may be needed.



Col. Michael Moeller
2d Bomb Wing commander

Key Customer Service Numbers

AAFES Admin Office . . . 741-3243	Facilities and Utilities . . . 456-3072
Base Operator . . . 456-1110	Fraud Waste and Abuse . 456-1000
BX . . . 752-9227	Housing . . . 456-4324
Casualty Office . . . 456-2212	Inspector General . . . 456-5049
Civilian Pay . . . 456-2741	Law Enforcement . . . 456-2551
Civilian Personnel . . . 456-4502	Legal Assistance . . . 456-2561
Claims Office . . . 456-2563	Military Pay . . . 456-4733
Clinic Patient Advocate . 456-6361	Military Personnel . . . 456-2117
Commissary . . . 456-8263	Retiree Activities Office . 456-4480
Contracting . . . 456-2113	Safety . . . 456-2569
Directory Assistance . . . 456-2252	Services . . . 456-2475
Environmental Flight . . . 456-4629	Travel Pay . . . 456-2766

The BOMBARDIER

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IG's new way, our response

BY LT. COL. JON JOHNSON

2D BOMB WING PLANS AND EXERCISES DIRECTOR

Several years ago, when I was on the Air Combat Command Inspector General team, I remember a complaint we consistently received from the wings we inspected. "The inspections we're doing are killing us and creating an almost unbearable operations tempo." Kosovo was on the center stage and commanders throughout ACC realized that it was unreasonable to maintain the same inspection schedules while contingencies were taking place.

In response, the IG began several initiatives to compensate. The one we're familiar with was using real-world deployments to gain Phase I credit. While this was done for a couple of years, it was never thought of as a permanent way of doing business — contingencies never fully tested our combat capability as defined in our Designed Operational Capability statements. Likewise, having the IG deploy and fly on combat sorties is the last thing a combat unit wants when taking the fight to the enemy. This leaves us with the current status quo.

The no-notice inspection program is the command's current solution to inspection Optempo. The theory holds that inspection Optempo reduced because wings don't overtrain in preparation. While this has logic for a single – DOC unit, it is a more complex issue for the 2d Bomb Wing because we continue to be a force provider in real-world contingencies, are required by law to accomplish almost yearly Nuclear Surety Inspections and maintain a constant nuclear combat capability. So we are a dual DOC wing that must prioritize efforts to meet mission requirements.

To meet these challenges, our wing will need to develop a rhythm to handle nuclear and conventional operations and demonstrate our designed combat capabilities through inspections. We just finished two highly successful inspections within the last year, the Nuclear Operational Readiness Inspection and the Nuclear Surety Inspection. This leaves us with a Conventional Operational Readiness Inspection in the near-term. It will be both a Phase I and II, meaning we'll demonstrate the process of deploying from Barksdale and fighting from a simulated forward operating location. This is known as our "Base X."

Because of these multiple priorities, the wing must prepare for the no-notice CORI. Our current long-range schedule is built with one practice Phase I to take place in the first week of October. This will be our first Phase I in over a year, so it will be a good opportunity to hone our skills and determine problem areas early enough to fix them. It's followed almost immediately by a U.S. Strategic Command Global Lightning exercise, the replacement for Global Guardian. As you can see we'll be shifting gears from conventional to nuclear training. After that, we receive a nuclear surety staff assistance visit in November. More conventional training follows with a full-scale Phase I and Phase II in December and late January. Making all of these exercises work will take a lot of effort on our part and we'll need everyone's help to pull it off.

I'd like to share some thoughts on how each of you in the wing can help. They're based on experiences starting in the squadron, going all the way to Langley and then back.

I think the most important attribute of a strong team is a positive attitude. Like the old expression "animals can smell fear," the IG can smell attitude. The IG is very perceptive to attitude and although teammates may never say so, the IG can sense when people are frustrated and lack team cohesion by the way they act. The IG loves to see the training wheels come off the bike. They fully expect a couple of spills and the successful wings are the ones that take it all in stride, get back in the saddle and say, "Let's Roll." I've actually seen the IG stop an inspection, conduct an academic situation, restart the inspection, and watch the wing successfully pass. The IG's slogan is: "Educate, motivate and independently evaluate." Give them every ounce of the positive — from the moment they arrive until they leave ... it's free.

Motivated attitudes don't start when the IG hits the ground; they start now! We need to team-build and you've got to play in order for that to happen. Our exercises will do just that. One important thing to stress is the art of drilling. It's one of the first things we learned to do when we came into the service. The IG won't expect us to precisely march in chemical gear, but they will be very interested in how we react to chemical attack drills. Don't get caught up in the expression "this isn't how we'd do it real-world."



Combat capabilities should always be broader than the actual conditions we'll fight in. This includes the ability to survive and operate, even for a B-52 in a chemical environment. Further, there are inspection requirements that prevent us from saying, "they do that, we don't." So the best approach is to stop trying to figure out "how not to" and look for the "how to."

We've learned a lot from the previous Phase II exercise in May and we now need to put all those lessons into practice. Our Base X plan is a living document that will continue to evolve and should tell us how we'll simulate operations in a forward location. Get to know it and if you see something that isn't right or needs to be included, bring it to the attention of your leadership now, early on in its occurrence. It truly involves everyone's efforts; no single agency can capture what your organization's requirements are better than your own.

Finally, although we will be shifting gears back-and-forth between conventional and nuclear operations this fall, we can't afford to put either on the shelf. So we'll continue to work preparation issues in parallel and expect a single focus during the actual exercises. I believe we have a great potential for success. We have exceptional talent, a great record and the best leadership beginning with you. Let's roll!



Voting: register before deploying

BY MASTER SGT. RON TULL

AIR FORCE PERSONNEL CENTER PUBLIC AFFAIRS

Airmen deploying between now and the general election Nov. 2 should register to vote with their deployed unit address before departing, said voting officials at the Air Force Personnel Center.

However, people deploying are not the only ones who should ensure they are registered to vote and that their voting records are up to date.

"Voters in Louisiana must register to vote before Oct. 4 in order to participate in the Nov. 2 election," said Lt. Col. Raymond Turek, Barksdale's installation voting officer.

Registration is accomplished by completing a Federal Post Card Application Standard Form 76. Some states will accept the form electronically or by fax; Louisiana will only do so for residents living abroad and military members. The form and all the state rules can be found on the "Airmen Votes" Web page at www.afpc.randolph.af.mil/airmenvotes.

"As for those deploying, registering in advance means the balloting materials will be waiting for them at their forward location," said John Lowrance, Air Force assistant voting action officer. "Deploying Airmen who do not yet know their deployment address or cannot release it, will need to take some additional steps.

"They'll need to file an SF 76 explaining in the remarks box that no address is available," he said. "This

will prevent the state from sending balloting materials. All states are different, but many will not resend balloting materials."

When people find out their address or if there is a change of address while deployed, they will need to send another SF 76 with their new APO or FPO address checking off "Mail Absentee Ballot To" (item 4). In the remarks section people should include the dates they will be absent, enter their old address and write in block letters the words "OLD ADDRESS."

Under the updated address, the applicant writes in block letters "NEW ADDRESS."

As of today, more than 650 absentee ballots have been sent to military members and their families in the local area.

Barksdale Airmen intending on voting in Louisiana need to fill out a Louisiana Registration Form at any Registrar of Voters or most state-affiliated office. Louisiana statutes require voters be registered 30 days prior to an election to be eligible to vote.

The next election held in Louisiana is the open primary on Oct. 18; absentee votes close Sept. 11 at 4:30.

In Louisiana primary elections, voters can vote for any candidate. Then, the top two vote-getters, regardless of party affiliation, move on to the general election.

"The bottom line is to know your state rules and not make your ballot come looking for you," Mr. Lowrance said.

Tips for safe Labor Day cookout

STAFF REPORTS

Imagine attending a large gathering and two days later you find yourself in a hospital bed right next to numerous other guests who also attended.

This is exactly what happened locally a few years ago, when more than half of all guests attending a get-together became ill with diarrhea and vomiting, according to Staff Sgt. Erica Smith, 2d Medical Operations Squadron Public Health.

"The traditional Louisiana foods served at the event were prepared by friends of the host and included more than five gallons of rice dressing," she said. "After the sudden outbreak, public health workers investigated the occurrence. As it turned out, the tasty rice dressing was heavily contaminated with salmonella bacteria. Preparation of the dressing itself was not at high enough temperatures to kill the bacteria. Storing the food in the Louisiana heat certainly helped to make the outbreak happen. Fortunately, everybody recovered fully."

During the spring and summer months, it is important to take extra precautions to practice safe food handling, especially when preparing perishable foods such as meat, poultry, seafood and egg products.

"Warm weather conditions may

be ideal for outdoor gatherings and barbecues, but may also provide a perfect environment for bacteria and other pathogens in food to multiply rapidly and cause foodborne illnesses," Sergeant Smith said.

Follow the suggestions below to reduce the risk of foodborne illness:

- Wash, wash, wash hands. Always wash hands with hot, soapy water before and after handling food. As a last resort, waterless hand sanitizers or disposable hand wipes can be used.

- Marinating mandate. When marinating food for long periods of time, it is important to keep foods refrigerated. These food items must also be monitored to ensure that once taken out of refrigeration, the proper temperatures are still maintained (an ice chest or cooler filled with ice is an appropriate method). Do not use sauce that was used to marinate raw meat or poultry on cooked food.

- Hot, hot, hot. When grilling foods, preheat the coals on your grill for 20 to 30 minutes or until the coals are lightly coated with ash. This signifies that the coals are hot enough to cook the food thoroughly.

- Temperature gauge. Use a meat thermometer to insure that food reaches and maintains a safe internal temperature. A spare ther-

mometer must also be used to monitor the temperature of your cold foods as well. Cold foods such as potato, macaroni and other salads containing milk, meat or eggs should be held at a minimum 41 F or less. To maintain this temperature they can be placed in an ice chest or cooler filled with ice.

- Where's the beef, chicken and fish? Hamburgers should be cooked to 160 F, while large cuts of beef such as roasts and steaks may be cooked to 145 F (medium rare) or to 160 F (medium). Cook ground poultry to 165 F and poultry parts to 170 F. Fish should be opaque and flake easily.

- Stay away from that same old plate. When taking foods off the grill, do not put cooked food items back on the same plate that previously held raw food.

- Icebox etiquette. It is important to have plenty of extra ice or freezer packs to ensure a constant cold temperature is maintained. Immediately store leftovers in an ice chest after everyone has eaten.

Organizations who plan to sell or distribute food on base must contact public health for guidance and approval according to Air Force Instruction 48-116, Food Safety Program Barksdale Supplement 1.

Any questions or concerns pertaining to food safety may be addressed to Sergeant Smith at 456-6599.



Global posture to realign

BY SAMANTHA QUIGLEY
AMERICAN FORCES PRESS SERVICE

WASHINGTON (AFPN) – “The first message I would pass to troops and their families is that they needn’t pack their bags,” a senior Department of Defense official said Aug. 17, referring to plans for globally realigning U.S. armed forces.

Andrew Hoehn, deputy assistant secretary of defense for strategy, reassured servicemembers and their families that any changes would not be made in haste.

“This is something that’s going to take place over a period of time,” he said.

As restructuring plans progress, senior defense officials said department officials will follow closely any developments. DOD officials have set up a special e-mail address at gpquestions@osd.mil for people to send in questions, and they will release articles to address concerns.

Mr. Hoehn referred to President Bush’s announcement Aug. 16 that said the government is entering a different stage of the realignment process, from consulting with allies and partners to presenting ideas to these groups more formally.

Perhaps more important to the troops was the message of how the realignment of forces is going to affect troops and their families. The president made it clear that this was a process that would take 10 years to complete, Mr. Hoehn said.

“They’ll have plenty of notice,” Mr. Hoehn said about servicemembers and families. “It is our intention that these are changes that need to take place. But we’re going to do them in a time and (at) a pace [so] that all the parties are going to have sufficient information that they can act upon, and they can plan.”

The ability to plan for moves and deployments is important, but the president said he realizes that this is only a start.

“The president is very concerned with the welfare of our forces,” Mr. Hoehn said. “It is a real statement about the con-

cern for the welfare of our servicemembers and for their families to bring that kind of predictability, that stability to their lives that so many seek.”

Some changes being considered are longer tours of duty and fewer permanent station moves during a career, Mr. Hoehn said. This means that servicemembers’ spouses can pursue employment options and keep their jobs longer, children can stay in schools longer, and families and children have more time with grandparents, aunts and uncles.

“Of course, we have missions that we’re all going to be carrying out and will be called upon,” he said. “And when duty calls, we’ll respond.”

The decisions regarding any effect on forces returning to the United States are going to be taken within the base realignment and closure process, Mr. Hoehn said. DOD’s internal work on that is already under way, but the BRAC commission does not form until May. Once the BRAC commission makes its recommendations, Congress, which has and will continue to play a vital role in realigning the armed forces, will have to make a decision, Mr. Hoehn said.

The government would not even have a final decision on the disposition of forces until about a year from now, Mr. Hoehn said. Funding for any adjustments that may have to be made would have to be secured, and this pushes any actual changes out at least a year to 18 months.

Some of these changes involve the stateside movement of a large number of servicemembers. These troop movements could include the return of two heavy divisions currently stationed in Germany to the United States. They would be replaced with a Stryker brigade, which combatant commanders feel is more fitting to face the challenges overseas, Mr. Hoehn said.

This strategy falls in line with the realignment strategy of making American forces lighter, faster and more agile.



Airman Brandon Kusek/The Bombardier

Target practice: Airman Erin McCormick, 2d Bomb Wing chapel, practices her shooting at the Barksdale firing range Monday. Airman McCormick is the first chaplain’s assistant to shoot expert marksman on the M-9 through training acquired at Silver Flag Alpha. Silver Flag Alpha is a readiness training program at Indian Springs Auxiliary Field, Nev.

Five Airmen receive Articles 15

2D BOMB WING LEGAL OFFICE

From Aug. 12 through 18, five members of Barksdale received nonjudicial punishment under Article 15 of the Uniform Code of Military Justice.

An airman first class was late for work. Punishment: Suspended reduction to airman, 30 days correctional custody and a reprimand.

An airman was arrested off base for having an open alcoholic beverage container while driving and did not have automobile insurance. Punishment: Reduction to airman basic.

An airman was arrested off base for driving under the influence of alcohol. Punishment: Reduction to the grade of airman basic and forfeiture of \$596 pay per month for two months.

An airman first class was drinking alcohol while under the legal drinking age. Punishment: Suspended reduction to airman and forfeiture of \$150 pay per month for two months.

An airman first class stole a 9 mm handgun from a man in Desoto, La. Punishment: Reduction to airman, 20 days restriction and 14 days extra duty.

News briefs

Tobacco cessation classes

The Health and Wellness Center can help people if they want to quit smoking. Sign up no later than Thursday for classes beginning Sept. 7 at 11:30 a.m. and 5 p.m. Call the Health and Wellness Center at 456-6011 for more information or to sign up.

Cub Scouts meeting

An informational meeting for parents and boys interested in joining the Cub Scouts is scheduled Tuesday at 6:30 p.m. at the Airman Leadership School gym. Barksdale has its own Cub Scout Pack 252 for those interested in meeting on base. All boys in the first through the fifth grade are eligible to join Cub Scouts. Call 2d Lt. Jim Ivie at 456-5650 for more information.

Dorm picnic

The chapel sponsors a picnic

Saturday in the courtyard behind the Blue Room from 6 to 9 p.m. The Blue Room is located in the Stratofortress Dorm, Bldg. 4386. The picnic features a live band, free food and games. Call Chaplain (Capt.) Matt Boyd at 456-2111 for more information.

Drive safely

Now that school has started, Barksdale drivers and pedestrians are reminded that pedestrians in marked crosswalks, at intersections and in parking lots have the right of way. Golf carts in the marked golf course crossings on Barksdale Boulevard have the right of way. Pedestrians must yield when they cross at other than crosswalks, intersections or traffic controls. Persons walking or jogging on the roadway must yield to vehicles; bicyclists share the same privileges and

road rules as vehicle operators.

Bridge project

Barksdale proposes to construct a bridge over Mack’s Bayou toward the southern end of the base to provide access to a new 100-space parking lot to provide the 917th Wing with adequate parking. Civil engineers at Barksdale conducted an environmental assessment and determined there will be no significant impact on health or the environment. The documents are in the Bossier Parish Central Library for review by the general public for 30 days. Any comments on the proposal should be directed to the 2d Civil Engineer Squadron Environmental Flight at 456-5296.

Retirements

Master Sgt. David Howard

Master Sgt. David Howard, 2d

Aircraft Maintenance Squadron, 11th Aircraft Maintenance Unit, retires after 21 years of dedicated service during a ceremony in the 11th Bomb Squadron theater today at 10 a.m. Dress is casual for civilians and uniform of the day for military. Call Master Sgt. Jeff Kuhn at 456-4153 for more information.

Closures

The munitions storage area will be closed for a 100 percent semi-annual inventory from Sept. 1-7. Munitions support will not be available during this time, all requests should be submitted prior to the start of the inventory to avoid any problems. Only emergency situations will be addressed during the inventory and will be handled on a case-by-case basis. Call an account custodian or Staff Sgt. James Davis at 456-1182 for more information.

VB-52 saves money, work

Continued from Page 1

ground won't know the difference," the commander said. "If I'm at 25,000 feet, which is the altitude these runs are made, he can't see me; if I'm at Barksdale in the VB-52, he can't see me, but as long as he hears that I'm sending a bomb to a specific destination, then we would be doing the same job, just doing it better by reducing manpower and dollar costs from launching, recovering and maintaining aircraft."

The bomb squadron had five goals to reach during this exercise besides simply supporting the mission successfully. First, the squadron had to validate the training methodology. Second, they had to fly the B-52 through a synthetic battlespace as defined by the Air Warrior exercise; then, they had to target and release weapons from the VB-52. This week, a live player on the exercise field will have to relate to them where the target is released, in order to give feedback. Finally, the 11th BS will fly a B-52 on a sortie run alongside and in formation with a VB-52.

Director of Academics, Lt. Col. Kelly Lawson, can see the benefits of the VB-52.

"I'm excited to see what will come out of this project so that I can prepare for its application in the classroom. Simulator training offers a safe environment for pilots while giv-

ing them the opportunity to encounter any type of condition, from extreme weather to heavy combat. And with the ability to combine seasoned pilots flying real jets and inexperienced pilots in the simulators, our squadron would be able to get more out of exercises."

Although much of the momentum to making the VB-52 a reality came from Colonel Northrup and the 11th BS, many other people lent their expertise to the project.

"I'd like to thank the Joint Forces Command technical working group led by Lt. Col. Matt Spruill and Mr. Murray Hess from the simulation's designer company, who worked out the detailed technical integration issues," said Colonel Northrup. "Since our community didn't have much of this expertise we couldn't have done it without their efforts. Ms. Nancy Schweger and Air Combat Command's Training Resources Support Squadron provided an immense amount of staffing and deconfliction with simulation managers for us.

"Locally, we are thankful for the engineering support provided by Detachment 3 of 29th Testing Support Squadron, commanded by Lt. Col. Pat Wathen and the unfailing support of the 2nd Operation Support Squadron, commanded by Lt. Col. Bill Patnaude as well as the simulator managers."

Cajun Warrior Attitude

Catch it!

Family: Wife, Rosemary; Sons Thailer and Austyhn

Hometown: Winchester, Ohio

Unit: 2d Bomb Wing Plans and Exercises

Job title: NCO in charge of wing plans and programs

Job description: To oversee and coordinate all wing plans and prepare the wing for exercises and inspections

Most rewarding job aspect: The challenges of dealing with and learning new things on a daily basis

Goals: Complete my bachelor degree and always do my best, what ever the circumstances

Hobbies: Spending time with my family, sports and woodworking

Favorite meal: Steak and fried potatoes

I'm proudest of: My children

Favorite Sports Team: Dallas Cowboys



**Tech. Sgt.
William Villerreal**

If I could change anything about Barksdale it would be: To add an indoor swimming pool

The most influential person for you in the Air Force and why: My wife because she has and is always devoted and understanding of my career



PLANS AND EXERCISES: KEEPING BARKSDALE MEMBERS ON THEIR TOES

BY AIRMAN BRANDON KUSEK

THE BOMBARDIER

Just like in a fictional movie, exercises on Barksdale are not the real deal, but the 2d Bomb Wing Plans and Exercises Office plans numerous exercises to keep base members' skills sharp and make them seem as close as possible to the real thing.

Members of the plans and exercises office orchestrate the exercises Barksdale is required to perform and ensures the proper criteria is used for them.

"We plan the conventional operational readiness exercises, nuclear operational readiness exercises, major accident response exercises and exercises for external agencies," said Lt. Col. Jon Johnson, director of wing plans and exercises.

The details for an exercise do not appear overnight. Planning begins four to six months prior to the exercise.

"We have work group meetings months in advance to

research and build the objectives, timelines and simulations," Colonel Johnson said. "We also invite subject matter experts out from the different squadrons for their input.

"Although we have people in our office who come from different and diverse offices on base, we still need the subject matter experts to come in and tell us the little things they do in their job that make the exercise a better learning experience for everyone," he said.

Work groups meet on a weekly basis to come up with master events lists, dates and places to do certain things pertaining to an exercise, and find out what objectives need to be accomplished during an exercise.

Plans and exercises members work with units such as the 2d Operations Support Squadron and base intelligence offices.

"The OSS helps us plan what kind of sorties we need to fly," Colonel Johnson said. "We work with intel because they assist us with scenario building."

Instead of taking many members of Barksdale to a forward deployed location, the plans and exercises office developed Base X and a Base X plan. Base X is a simulated forward deployed location built on Barksdale. The Base X plan is a running document, which means the members of plans and programs started out with basic ideas and have used events from past exercises to develop and make the plan better.

"Basically, the Base X plan tells us how to simulate all things we'd have to do if we were deployed, fighting a war and under attack," Colonel Johnson said. "All the exercise methods should be kept in the Base X plan; it's a playbook."

The military needs to be ready for anything at anytime on a moments notice and plans and exercises members keep Barksdale members ready.

"We write the movie script and build the scenes, then put the script in the actors' hands and see what they'll do with it," Colonel Johnson said.



Staff Sgt. Denise Rayder/ 2d CS



Airman 1st Class Trina Flannagan/ 2d CS



Staff Sgt. Denise Rayder/ 2d CS

TOP LEFT, Col. Colleen Duffy, 2d Mission Support Group commander, directs Damage Assessment Teams from the Survival Recovery Center at the initiation of alarm condition Black immediately after a simulated attack on "Fire Base Deuce" at Base X during the last conventional operational readiness exercise. **TOP RIGHT**, Members of the 2d Security Forces Squadron search the belongings of an Airman as he enters the exercise area during "Busy Mudbug 04-05." **LEFT**, Airman 1st Class Crystal Hebert, 20th Aircraft Maintenance Unit weapons section, drives a MJ-1 Lift Truck while Staff Sgt. Kalandus Morgan walks a BDU-50 bomb body during an exercise.



Reunions sometimes harder than leaving

STAFF AND WIRE REPORTS

Separation caused by a deployment can put strains on the best of families, driving a wedge between the deployed person and the waiting family. It is unrealistic for families to expect the homecoming to solve all their problems, often they find reality rarely lives up to expectations when it comes to reunions. The reunion can be just as stressful as the separation itself. Homecomings can be wonderful occasions as long as couples make an effort to be realistic.

Be ready to put up with a transition period, knowing that too will pass. Talking to one another and working through the everyday challenge that family life presents is what is important. Make time to get reacquainted before beginning to solve problems.

"There will be changes on both sides of a relationship," said Tech. Sgt. Jason Kaiser, Barksdale Family Support Center readiness NCO. "It's going to take some time to get re-acquainted with each other."

The transition back into family life may take a while. Expect spouses or significant others to be different; both have had to adapt to the separation.

Children are also affected by their parent leaving for a significant amount of time.

Upon returning, parents should sit back and observe changes that may have occurred during deployments. Wait a few days to discuss things that have changed.

If one imagines a "perfect" reunion for a child, they may be disappointed. Separation from a parent can be very stressful for children.

"You have to make your children a part of the deployment also," Sergeant Kaiser said. "Do not cover up the fact you are deploying. Before leaving, sit down with the children and talk to them about when you're leaving, where you're going and when you'll be back and while deployed send personalized letters, postcards and photos home."

During the early part of the deployment, children might act out with aggressive behaviors, problems eating or sleeping or a drop in grades, but after eight to 10 weeks, children often return to normal.

"Communication is vital in making the homecoming

Tips for getting back into family life after deployments

With spouses or significant others

- It may take four to eight weeks after returning for people to feel comfortable with each other again.
- Intimacy may be awkward at first. Take it slow. Remember to do what's best for a relationship.
- Expect spouses or significant others to change. Neither will be the same person they were a few months ago.
- Don't be defensive about criticisms from mates. Discuss any criticism calmly.
- Spouses or significant others may want to go on a spending spree upon return. Hang on to the money.
- Questioning a mate about infidelity can only destroy trust. Don't grill them about real or imagined affairs. Don't poke around their belongings looking for "clues."
- It is important to rebuild relationships slowly. Be romantic, while wooing and courting spouses or significant others.

With children

- Observe some of the new rules spouses or significant others have made, they may be better than the old ones. Ease up on discipline for a while.
- Children's feelings during and after the separation may include worry, fear, guilt, happiness, excitement and anger.
- During the first week after a long separation, the deployed parent should spend as much time as possible with their children in a family setting.

happier," Sergeant Kaiser said. "Parents should not only encourage children to express their feelings, but also be active and open listeners. Not only has the deployed member changed, but so has their family."

(Information in this article is from the Family Support Center's "Post Deployment Family Reunion Guide" brochure)

Family Support Center

Back to school social

A back to school social is scheduled Sept. 9 from 6 to 8 p.m. Join other families of deployed personnel and get energized about the coming school year. Food, information and fun are scheduled. Call the Family Support Center for more information.

Pre-separation briefing

Retirement or separation can be filled with anxiety, excitement and lots of questions. Better preparation can lead to a smoother transition to civilian life. This mandatory briefing will inform separating individuals of the resources available as they make this transition. Individuals should attend as soon as possible within the proceeding 12 or 24 months. Call the Family Support Center at 456-8400 to schedule this important briefing.

Personal, family readiness briefing

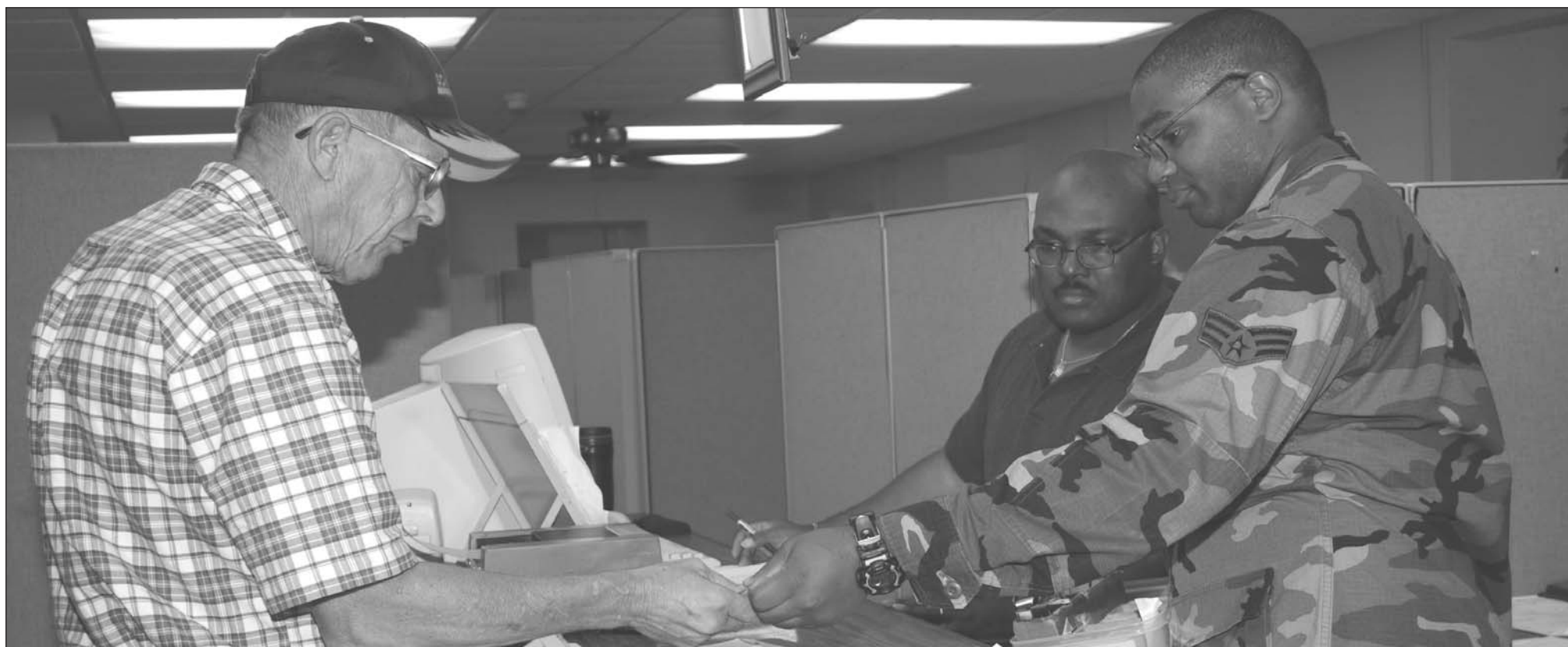
The Family Support Center's Readiness Team provides information and support Thursday at 2 p.m. to prepare for separation. Visit the center for this briefing to prepare active duty and family members for separation due to deployment or TDY. Spouses or significant others are encouraged to attend. Call 456-8400 for information.

Relocation briefing

All PCSing members must attend a relocation briefing at least 90 days prior to their departure date. Learn about the many resources available to make a smooth and pleasant transition to the next duty assignment. Call 456-8400 to schedule a relocation briefing.

Airman's attic

Donations of spring and summer clothing for adults and children are needed to stock the Airman's Attic. All clothing items should be clean and not stained or torn. These serviceable items can be dropped off at Family Services located in the Family Support Center Mondays through Fridays between 7:30 a.m. and 4:30 p.m. The Airman's Attic provides free household items, clothing, toys, uniforms, books and more to senior airmen and below and on a case-by-case basis for staff sergeants and above.



Airman 1st Class Sonya Padilla/2d CS

Vehicle Decals: Barksdale's Pass and ID office once again has decals for vehicles. Senior Airman William Moncrease, 2d Security Forces Squadron, pass and

registration clerk, gives retired Chief Master Sgt. William Lollar his vehicle decals Tuesday while Mr. Rodney Hayes, also a pass and registration clerk, looks on.



At the movies

For recorded show times and movies, call 456-3666 or visit the Army and Air Force Exchange Services Web site at www.aafes.com. Movies are subject to change without notice.

Admission: Adults \$3, children \$1.50 (Information and photos courtesy of www.movieweb.com)



“Catwoman”

Rated: PG-13

Playing: Today at 7 p.m.

Run time: 104 minutes

Cast: Halle Berry, Sharon Stone

Synopsis: Patience Phillips spent her life apologizing for taking up space. This comes to a halt when she becomes a guinea pig for a revolutionary anti-aging product and lands in the middle of a corporate conspiracy, and on the city’s most wanted list. Equipped with a new feline prowess, she is a different person after dark, more accurately, a Catwoman.

“A Cinderella Story”

Rated: PG

Playing: Saturday at 7 p.m.

Run time: 95 minutes

Cast: Hilary Duff, Jennifer Coolidge

Synopsis: Samantha is at the beck and call of her self-obsessed step-mother and step-sisters. Her social life becomes complicated when she meets her Prince Charming online. Her anonymous cyber soul mate turns out to be Austin, her high school’s quarterback. Fearing rejection, Sam dodges Austin’s efforts to discover the identity of his princess.



“A Cinderella Story”

Rated: PG

Playing: Sunday at 7 p.m.

Run time: 95 minutes

Cast: Hilary Duff, Jennifer Coolidge

Synopsis: Samantha is at the beck and call of her self-obsessed step-mother and step-sisters. Her social life becomes complicated when she meets her Prince Charming online. Her anonymous cyber soul mate turns out to be Austin, her high school’s quarterback. Fearing rejection, Sam dodges Austin’s efforts to discover the identity of his princess.

Chapel information

Chapel One: 275 Barksdale Boulevard, East

Chapel Two: 724 Douhet Drive, 456-2111

Catholic services

Confession, Chapel Two, Saturday, 4:30 p.m.

Mass, Chapel Two, Saturday, 5:30 p.m.

Mass, Chapel Two, Sunday, 9 a.m.

Confraternity Christian doctrine, Chapel Two, Sunday, 10 a.m.

Mass, Chapel One, Sunday, 11:30 a.m.

Mass, Chapel One, Mondays through Fridays, noon

Protestant services

Liturgical communion service, Chapel One, Sunday, 9 a.m.

Community worship service, Chapel Two, Sunday, 10:30 a.m.

Inspirational gospel worship service, Chapel Two, Sunday, noon

Contemporary praise service, Chapel Two, Sunday, 6 p.m.

Family night, Chapel Two, Wednesdays, 6:30-8 p.m.

Brothers in Christ

The Brothers in Christ Protestant Men of the Chapel meet every Saturday at 6 a.m. in the Chapel Two annex.

Protestant Women of the chapel

The Protestant Women of the Chapel meet every second Monday of the month at 6:30 p.m. in the Chapel Two annex.

Red River Inn dining facility

Flight Kitchen, 456-4769

Red River Inn, 456-8367

Items subject to change

Today

Lunch — Swiss steak, baked chicken, stuffed peppers

Dinner — Italian sausage, lasagna, spaghetti

Saturday

Brunch — Ribeye steak, Cajun meatloaf, baked chicken

Supper — Pork chops, fish almondine, stir-fry chicken

Sunday

Brunch — Sauerbraten, tuna and noodles, chicken breasts

Supper — Spinach lasagna, barbecued chicken, fried shrimp

Monday

Lunch — Swiss steak, baked chicken, knockwurst

Dinner — Baked ham, fish and fries, roast turkey

Tuesday

Lunch — Yakisoba, Salisbury steak, lemon-baked fish

Dinner — Barbecued beef, pork chop suey, paprika beef

Wednesday

Lunch — Beef porcupines, chicken enchiladas, Caribbean-jerk chicken

Dinner — Country-style steak, pita pizza, fried chicken

Thursday

Lunch — Liver, tempura-fried fish, spiced pork chops

Dinner — Pepper steak, ginger pot roast, baked chicken

Sept. 3

Lunch — Beef and corn pie, seafood Newburg, veal steaks

Dinner — Pot roast, corned beef, pineapple chicken

Family Support Center

Located on the corner of Kenney Avenue and Curtiss Road, 456-8400.

Reservations required for all events.

Parents and tots playgroup

The parents and tots playgroup is offered on Tuesdays and Thursdays from 10 to 11:30 a.m. at the Chapel Two annex. This informal play group enhances the social skills of pre-school children while improving parents’ knowledge of child development and parenting skills through sharing with each other. Call 456-8400 for more information.

Air Force as a 2d language

This comprehensive handbook is a must for spouses new to the Air Force way of life. It defines commonly used acronyms and provides information on available local and Air Force programs and services. Come by the Family Support Center and pick up a copy today.

English as a 2d language

The English as a second language class provides essential language skills to assist students, personally and professionally, as they transition to American culture. The class is offered Tuesdays and Thursdays from 6 to 8 p.m. Call 456-8400 for more information.

Cyber center

The Family Support Center has 10 computer stations for use with Internet, e-mail, and self-help software programs such as DISCOVER, Scholarship Resource Network, Power Pay, Personal Financial Management and Mavis Beacon Typing Test. The cyber center is open from 7:30 a.m. to 4:30 p.m., Mondays through Fridays.

Volunteers needed

Volunteers are needed for various base agencies. Child care may be provided. Call the Family Support Center at 456-8400 to find out more about volunteering opportunities.

Community briefs

Choir auditions

Open auditions for the Red River Children’s Choir are scheduled the last weeks of August for both the training and apprentice choirs. The Training Choir is open to third and fourth grade students with little or no experience. The apprentice choir is for students in the fifth through twelfth grades with some choral experience. Call Mrs. Betty Adkins at 861-7995 for audition appointment and additional information.

Youth orchestra auditions

The ARK-LA-TEX Youth Symphony Orchestra Auditions for the 2004-2005 season are scheduled Saturday at the Symphony House. Auditions will be held from 9 a.m. to 1 p.m. and 2 to 4 p.m. All strings grades five through 12 are invited to audition, as well as all brass, woodwind and percussion musicians, grades nine to 12. Auditions are for new and returning musicians. Audition fee is \$10. Call 868-9689 for more information or to reserve a time.

Heir force

Airman 1st Class Jesse and Anna Paredes, 2d Communications Squadron, welcomed son, Jesse Clark, March 28.

To Announce your latest arrival, call 456-3241 or e-mail thebombardier@barksdale.af.mil.



Helmets, safety equipment reduce risk for wakeboarding

STAFF REPORTS

Wakeboarding head injuries involving Barksdale members were on the top of the accident list for August, which brought concern to Base leadership.

"Wakeboarding is a form of waterskiing where both feet are attached to a board that resembles something between a water ski and a kneeboard," said Tech. Sgt. Tim Holt, 2d Bomb Wing safety office NCO in charge of training. "The rider stands on the board with the feet pointing off to the side of

the board. Riders like wakeboarding because wakeboards allow the rider to go airborne by lifting off the wake, making a multitude of tricks possible."

He said in the majority of the injuries, the individual was not wearing a helmet.

"The most recent injuries have resulted in several emergency room visits with their attendant costs in time and money," said Maj. (Dr.) John Goddard, 96th Bomb Squadron family physician. "In some such injuries the recovery period may be quite prolonged — from six

months to two years. Obviously this impacts not only the military member but their squadron and the mission."

The speed wakeboarders travel and the fact they get airborne a lot increases the possibility of injuries, which makes wearing the proper safety equipment important, Sergeant Holt said.

"There are helmets available for wakeboarding and other water sports," Sergeant Holt said. "Other safety equipment that should be worn, such as kneepads, gloves and a life vest are also available."

Wakeboarding competitions typically require participants to wear a helmet.

Sergeant Holt said leisure participants in the sport should also consider wearing safety equipment to reduce the risk of injuries that could impact their health and the Air Force mission.

Sergeant Holt also said that wakeboarding should be considered a high-risk activity, which means supervisors need to complete the appropriate counseling paperwork with the individual and keep it on record in their personal information file.

Sports shorts

Gym floor times reserved

All base members who use the gym and its facilities are reminded squadron physical training has many reserved times. Mondays 6:30 to 7:30 a.m. and 3:30 to 4 p.m. Tuesdays 6:30 to 7:30 a.m. 8 to 9 a.m., 2 to 3 p.m. and 3:30 to 4:30 p.m. Wednesdays 6 to 7:30 a.m. and 3 to 4:30 p.m. Thursdays 6:30 to 8 a.m. and 3 to 3:30 p.m. Fridays 5:30 to 8 a.m., 10:30 to 11 a.m. and 2 to 4:30 p.m. The squadron who reserved a slot for physical training has priority over other patrons.

Football challenge

The Barksdale Sports and Fitness Center hosts the quarterback and receiver challenge Tuesday. First and second place winners receive awards. Call 456-4135 for more information.

Best ball golf championship

The best ball golf championship is Sept. 18 and 19 at Fox Run Golf Course. The tournament is played in

two-person teams. Players play their own ball and record a score for each hole. Both low gross and low net scores will be paid. Prize money is determined by the number of participants. The cost is \$10 plus normal fees. Call 456-2263 for more information or sign up today.

Squadron push-up challenge

The squadron push-up challenge is Sept. 29 at the Barksdale Sports and Fitness Center. Teams must consist of one female and four male athletes. Awards will be presented to the winners. Call 456-4135 or stop by the fitness center to sign up.

Wednesday Golf scramble

Players can compete in Wednesday's scramble starting at 5 p.m. This is a blind draw, five-person scramble format. Names are pulled from a hat to establish teams. The entry fee is \$3 plus normal green fees and cart rental. Entry fees are returned as prizes.

Base hunting dates set

Dates for hunting on Barksdale's east reservation have been set. Rifle deer season is Nov. 19 through 23 and 26 through 28; Dec. 9 through 12 and 26 through 28; and Jan. 7 through 9 and 21 through 23. Muzzleloader seasons are Nov. 6 through 12 and Jan. 24 through 30. Archery season runs Oct. 1 through Feb. 15. Small game and waterfowl seasons run accordingly with Louisiana season dates. People are reminded a hunter safety course is required every three years for all Barksdale hunters. The course is available at the natural resources office on 6141 Range Road. Class dates are Sept. 16 and Sept. 30, Oct. 19, Nov. 4 and 18, Dec. 7 and Jan. 6. Call Barksdale Natural Resources at 456-3353 for more information.

Dance classes

Ballet, jazz and modern dance classes are offered at the youth center for children ages 3 to 18. Registration is open now and costs \$45 a month. Call 456-3448 or visit the youth center for more information.



Courtesy photo

De-fence: Athens, Greece — Second Lt. Seth Kelsey (right) duels with Russian Ivan Tourchine in the second round of the Olympic Men's Individual

Epee event at Helliniko Fencing Hall near here Aug. 17. Lieutenant Kelsey is a member of the Air Force world-class athlete program.

2d Services Squadron &



present...



Fall Festival Car Show & Bike Rally

Oct. 16
10am - 4 pm.

Live Music
Vendors Carnival
Food Drink Crafts

Car or Motorcycle Show Entry Fee \$15
Includes goody bag with Free event T-Shirt

Craft Booths 10'X10" : \$39

Sponsored in part by  **Barksdale Federal
Credit Union™**
Your Financial Partner for Life™

Call 456-3140 to sign up or register online at
www.barksdaleservices.com

No federal endorsement of sponsor intended.

2d Services Events & Activities

www.barksdaleservices.com

HIGHLIGHTS

Bar Bingo Returns

Play bingo every night in the enlisted club main lounge for cash. Bar bingo is from 6-7 p.m.
See page B

Two for One Lunch

Every Monday, club members get lunch for free when they bring and pay for a guest.
See page C

Best Ball Golf Tourney

Fox Run Golf Course is hosting the two-person Best Ball Championship on Sept. 18-19.
See page D

Sunday Bowling Special

Enjoy new Sunday bowling and meal packages for groups of two, four, or six at the bowling center.
See page D

Bass Fishing Tournament

A bass fishing tournament is scheduled for Sept. 18 at Flag Lake on base. The entry fee is only \$20 per team.
See page D

Aero Club Open House

Tour the Aero Club and and enjoy free hot dogs and sodas on Oct. 15. Special prices for flight lessons will also be available.
See page F

Barbecue Plates

Get a hot rib or chicken plate at the Youth Center Saturday and support the center's Smart Moves program.
See page G

Teen's First Car

The auto hobby shop will teach auto general maintenance skills to teens on Sept. 25.
See page G

Weekend Trips

Gifts and Getaways is offering a wide selection of day and week-end trips to nearby attractions.
See page G

Fall Festival

Fall Festival is coming Oct. 16 and features a judged car and bike show, motorcycle rally, arts and crafts booths, a children's' carnival, live bands and more.
See page H



Blues & Brews

Live Band!
Every Thursday
at 7 p.m.
Enlisted Club

See...
**Dan Sanchez
&
the Kings of
Pleasure**

**FREE
admission!!**

Officers and Enlisted Clubs 456-4926

Club Closure

Both the officers and enlisted clubs are closed Sept. 6 in observance of Labor Day.

Monday Two for One Lunch

Each Monday, members can enjoy half price lunch at the officers club. Bring a guest and the second meal is free. Non-members pay \$6.95. Enjoy everything on the buffet, including soup, salad bar, drink and dessert. Bring a friend this Monday and save!

Retired Member Fridays

The club salutes its retired membership every Friday night. Retirees buy dinner and get the second meal at half price.

Wednesday Steak for Two

Each Wednesday evening, enjoy two steak dinners for only \$12.95. Steaks are cooked to perfection and cost members less than fast food would. Dinner is open to all ranks and starts at 5:30 p.m. in the officers club dining room.

Thursday Bingo Night

This week's jackpot is \$700 and growing. Bingo is every Thursday at the officers club. Early bird bingo and the buffet begin at 5:30 p.m. The buffet is \$5.50 for non-members and \$4.50 for club members. Jackpot Bingo starts at 6:30 p.m. and all ranks are welcome. Members receive \$5 off a multi-card bingo pack. All ranks are welcome.

Prices Slashed on Prime Rib for Two

Enjoy slow roasted prime rib at the officers club every Saturday from 5:30 to 8:30 p.m. Two guests can enjoy dinner for only \$19.95. Meals are served with au jus and horseradish and choice of rice pilaf or potatoes, vegetable of the day and a glass of house wine. Reservations are encouraged at 456-4926 but walk-ins are accepted. All ranks are welcome.

Sunday Champagne Brunch

Enjoy brunch Sundays from 10:30 a.m. to 1:30 p.m. at the officers club. Brunch is open to all ranks and features a carving station, made-to-order omelettes, a fresh salad and fruit bar, a large dessert bar, numerous lunch entrees and all the traditional breakfast favorites. Wine, bloody mary, mimosa and champagne are also available. This price is \$10.95 for adults, \$5.95 for ages 5-11 and FREE for under 5. Walk-ins are welcome.



Fo tba

Frenzy

Kick-off

Party

Mon., Sept. 13



AIR FORCE SERVICES
CLUBS

meet the miller lite girls!

Win i-pod, x-box, Superbowl trip, Pro Bowl trip to Honolulu, Hawaii

FREE first drink with buffet

Enlisted Club 456-4467



B i n g o

is back!

Every Tuesday - Saturday at the enlisted club, from 6-7 p.m.



Nightly cash consolation prize

Progressive Cash Jackpot

Winners every night!!

Arts & Crafts 456-5594

Teen's First Car Class

The auto hobby shop is offering a teen's first car class on Sept. 25 and Oct. 30. Teens will learn to check oil, fluids and brakes, how to change a tire and other helpful tips. Class starts at 5 p.m. and the cost is \$10. As the man said, "Pay me now or pay me later!" Call 456-4695 to enroll.

Scrapbooking Class

Scrapbooking classes are offered the first Thursday of each month at the arts and crafts center. Basic training is in Oct. for \$10, stamping for cards/scrapbooks is in Nov. for \$8 including all supplies, and mosaic pages is in Dec. for \$15. Students should bring 15-20 pictures of one subject, cutting mat, exacto knife and adhesive. Call 456-3140 for details.

Pottery Class

Anyone 15 years old or older can learn to make pottery at the arts and crafts center. Classes are taught every Thursday from 5-7 p.m. Learn basic and advanced pottery making skills. Instruction is individualized. The cost is \$8.50 plus supplies. Sign up at arts and crafts or call for details.

Children's Art Class

Arts and crafts has children's art class every Thursday from 4:30-5:30 p.m. The cost is \$2 and up, depending on the project. Instruction is hands-on, so ages 5-12 are welcome. Reservations are required by Tuesday each week. Call 456-3140 to sign up.

Framing Class

Frame your own pictures and save! Framing classes will be held Sept. 7, 9 and 14 from 5-7 p.m. The cost is \$25 plus supplies and students should bring a picture or photo (11 X 14 inches or smaller) suitable for framing. Our experts will help you achieve professional results. Pre-payment is required and a minimum of four students are needed to have a class. Reserve your spot today.

Woodworking Class

Learn to build! Woodworking classes at the wood hobby shop are on Sept. 7, 9, 14 and 16. Students must be at least 17 years of age. Classes run from 6 to 8 p.m. and cover basic woodworking skills, techniques, safety and equipment use. Students complete a take-home project. The program is four classes and costs \$65. Instruction is very hands-on and personal. Stop by wood hobby or call Mike at 456-3409 for details.

Gifts & Getaways 456-1865

Quick Trips

Great travel for even the tightest schedules!

Spa Trip to Hot Springs, Arkansas

September 18-19

Visit Hot Springs National Park, many spas and bath houses, or shopping.

Transportation and lodging included \$99

Antiquing in Jefferson, Texas

September 25

Visit the general store with old fashioned soda fountain, dozens of bed and breakfasts and antique shops.

Transportation included \$15

Screams theme park in Waxahatchie, Texas

October 25

Visit the world's largest halloween theme park. Features 4 haunted houses, a haunted maze and more.

Chartered bus transportation and entry to park \$50

Holiday Dallas Shopping Trip

November 11

Visit the Galleria, Trader's Village and other great shops.

Transportation included \$25

Famous Natchitoches Tour of Lights

November 20

The Christmas light festival that was featured in the movie *Steel Magnolias*. Lots of shops, lights, food and fun.

Transportation included \$17

Dallas Cowboys/New Orleans Saints game

December 12

Transportation on chartered bus and game ticket for \$100

Marshall, Texas Holiday Lights Tour

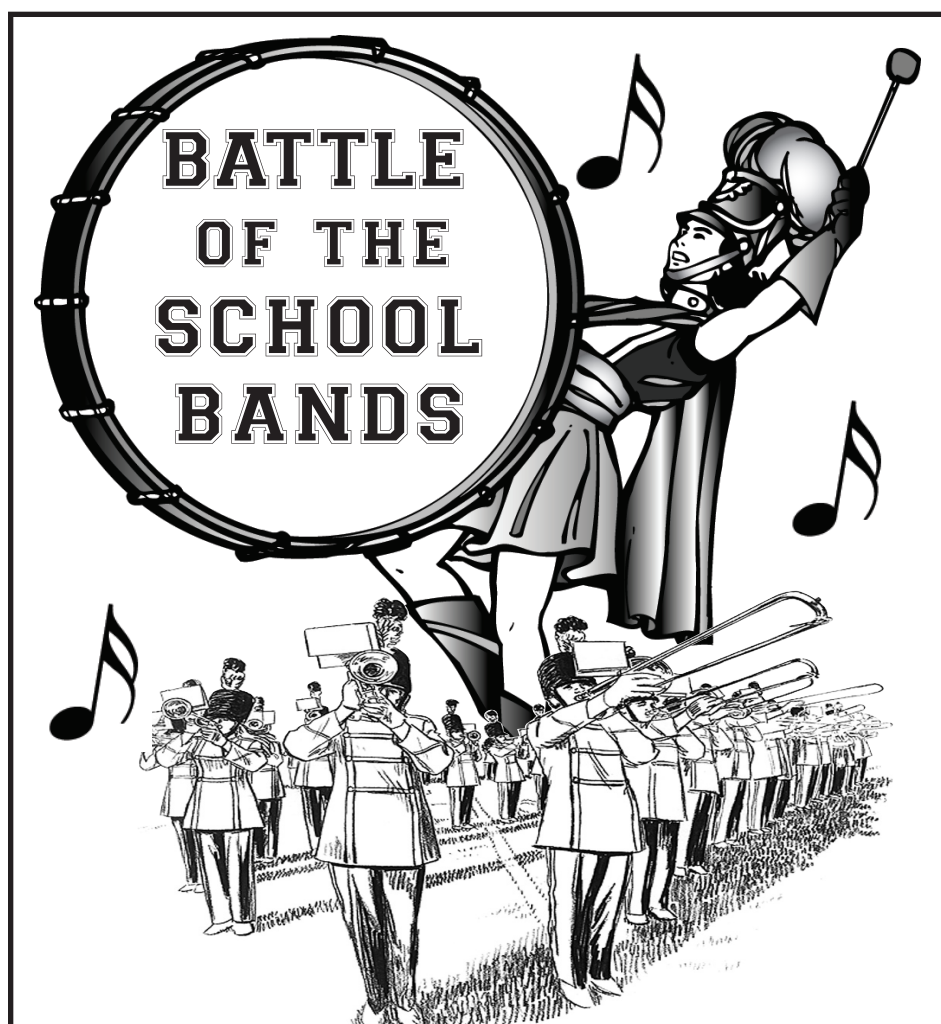
December 18

Enjoy lights, outdoor ice skating, hot chocolate and more.

Transportation included \$17

Call Gifts and Getaways at 456-1866 to sign up for any of these trips!

Youth Center 456-3448



**Nov. 13, 2 p.m.
FREE Admission
Youth Center**

Cheerleading Class

Registration for cheerleading basics class starts Monday at the Youth Center. Students learn tumbling, stunting, dance and cheering techniques. Youth five years or older may participate. The course is instructed by coach Mandy and is great preparation for the Barksdale cheerleading squad. Classes are held Mondays and Thursdays from 5-6 p.m. and 6-7 p.m. The cost is \$30 per month for once a week and \$45 per month for twice a week. Call 456-3448 for details.

Pre-teen Lock-in

The pre-teen lock in is scheduled for Nov. 15 at the Youth Center. Children ages nine to 12 arrive at 7 p.m. and stay until 7 a.m. the next morning. The night is filled with fun activities in a safe, chaperoned environment. The children will be challenged to compete with other ACC bases in a variety of events. Food and drinks are provided. Call 456-3448 to reserve a spot.

Soccer Ceremonies

Opening ceremonies for youth soccer will take place Sept. 18 at the youth soccer field. The festivities start at 9 a.m. and feature remarks and an opening kick from the Commander and a briefing by the youth sports director. All teams will be introduced and play will begin thereafter. Parents will have the opportunity to meet the coaches. This will be a fun day for both the players and spectators. Call 456-3448 for more information.

Earn Extra Cash at Home

Why pay someone else to raise your children? Be a family child care provider and earn extra money while staying at home with your kids. Enjoy the benefits of being in business for yourself without the risk. Training, equipment and supplies are free. Spouses living off-base and DOD spouses are also eligible. Licensing is mandatory for base residents caring for others more than 10 hours.

Now you can have it all...raise your own children and enjoy a great career. Additionally, it's a great opportunity to make a difference in the lives of others. Providers not only help shape the lives of the children they care for, but support the working military parents as well. Call Penny Haire at 456-8912 to find out more about this program.

Ribs and chicken plates

Enjoy delicious hot barbecued ribs or chicken plates at the Youth Center tomorrow starting at 11 a.m. Chicken plates are \$5 and rib plates are \$6. Tickets may be purchased today at the youth center after 4 p.m. or simply stop by to purchase plates. Plates include meat, side items and dessert. The proceeds go back to the youth center and fund the Smart Moves program. Don't miss this chance to enjoy a delicious meal while supporting the youth at Barksdale. Call the Youth Center at 456-3448 for more information or bring the whole family by Saturday. Bon appetit!

HAUNTED HAYRIDE

**OCT. 28-30
6-10 P.M.
AT CULLEN PARK**

**CALL 456-3448
FOR DETAILS**



THE KYON DO

**Mondays & Wednesdays
5-6 p.m.
Ages three and older**



MAJUTSU

**Tuesdays & Thursdays
5-6 p.m.
Ages five and older**

*\$45 per month. Family rates available.
Instructor is Mike Mahoney. Call 456-3448.*

Fox Run Golf Course 456-2263

Best Ball Championship Sept. 18-19

**2 person teams, golfers play own ball, team uses low scratch and handicap scores.
\$10 plus normal fees.**

Call 456-2263 to sign-up



Bowling Center 456-4133

Sunday Special

**unlimited bowling for 3 hours, shoes, and choice of meal combo
(burgers, chicken tenders, hot dogs, corn dogs or grilled cheese)**



**6 guests/\$49.95 4 guests/\$39.95 2 guests/\$29.95
Strike on the red head pin and win a ~~FREE~~ game!**

Outdoor Recreation 456-3426

DEEP SEA FISHING

Join Outdoor Recreation for a fishing adventure in Biloxi, MS on October 8-10. Fish with a professional guide and experience everything the ocean has to offer. Experienced, qualified guides mean an increased catch for you. Get your money's worth!



\$195
includes
lodging, meals,
snacks, all
tackle and
gear!

OUTDOOR RECREATION

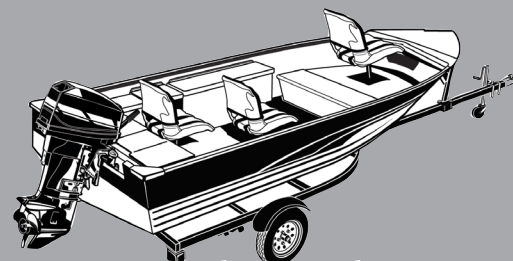
Located on the east reservation

456-7765

Rent Today!



Campers
19 ft \$60 / day
24 ft \$65 / day
26 ft \$70 / day



Express bass boat
with 40 h.p Yamaha
\$60 / day

Equipment Rental
456 3426

Bass Fishing Tournament

Compete in a bass fishing tournament on Sept. 11 at Flag Lake. The contest starts at safe daylight and weigh-in is at noon. It's a catch and release tournament with a five-fish limit. Entry fee is \$20 per two-person team. Sign-up deadline is Sept. 16. Call 456-7765 to register.

Horseback Riding Trip

Make plans now to go horseback trail riding in scenic Jefferson, Texas, on Sept. 25. Guests will ride at Karma Farms and then will go to downtown Jefferson for snacks and antique browsing.

The group will leave from the officers club at 2 p.m. and return at 7 p.m. The price is only \$28 or \$12 for small kids riding with parent. Sign-up ends on Sept. 17. Call 456-7765 for more information or to reserve your spot.

Diamond Dig

You could strike it rich as you travel with outdoor recreation to the Prescott Diamond Mine in Murfreesboro, Arkansas. On Nov. 6, a group will head north to dig and screen for diamonds. All equipment and lunch is provided. The cost is \$25 per guest. Call 456-7765 to sign-up.

Paintball

Enjoy paintball Oct. 23, Nov. 13 or Dec. 4. Sessions are held at 10 a.m. and 2 p.m. and last approximately three hours. The cost is \$12 and includes gun rental, mask, CO2 refills and 100 paintballs. Additional paintballs are available for purchase at \$4 per 100 and \$15 per 500. Sign up is due by Oct. 8, Oct. 29, and Nov. 26 respectively. Guests should wear long sleeves for warmth and protection. Call 456-7765 to sign up.

Chainsaw Tune-up

Equipment Rental is offering a chainsaw tune-up special. They will clean the saw, change the plug, sharpen the chain and lubricate everything for only \$25. They offer sharpening for only \$5 when the chain is on the machine and \$3 when the chain is off. Repair is also available for \$25 per hour plus parts. Stop by equipment rental before winter comes.

Mower Special

Winterize that mower at equipment rental. Their tune-up special includes cleaning the air filter, washing the mower and changing the oil for \$25 on push mowers and \$35 for riding mowers. Annual maintenance makes mowers last longer. Call at 456-3426 or stop by equipment rental.

New Pick-up Service

To make the customers' lives simpler, equipment rental will now pick up broken 4 wheel atv's or mowers for repair. They will also deliver the repaired equipment upon completion. The fee is \$10 for deliveries under 15 miles and \$20 for deliveries 15-30 miles away. The price does not include the repair. Call to arrange an appointment at 456-3426.

ATV Tune-up

Get that ATV ready for hunting season with a tune-up at equipment rental. They change the spark plugs, check the rear end oil, clean the air filter and change the engine oil for only \$45. They can also repair non-running ATV's. Proper maintenance extends the life of the engine. Protect your investment with a tune-up. Call 456-3426 for more information.

Fitness Center 456-4135

Aerobics Schedule



Mon.

7 a.m.
Interval pump-
legs/shoulders
(Patricia)

8 a.m.
Basic Pilates -
(Patricia)

11 a.m.
Step Aerobics-
(Patricia)

Noon
Cardio Kick &
Dance (Patrick)

5 p.m.
Interval pump-total
body (Patricia)

6 p.m.
Kickboxing aerobics
(Patricia)

Wed.

7 a.m.
Interval pump
Upper body
(Patricia)

11 a.m.
Step Aerobics-
(Patricia)

Noon
Cardio Kick &
Dance (Patrick)

5 p.m.
Pilates
(Patricia)

6 p.m.
Kickboxing aerobics
(Patricia)

Thurs.

3:30 p.m.
Circuit Training
Byron Hardy

4 p.m.
Cardio Kick & Dance
(Patrick)

Fri.

11 a.m.
Pilates
(Patricia)

Noon
Team Training
(Patricia)

4 p.m.
Cardio Kick & Dance
(Patrick)

QUARTERBACK RECEIVER CHALLENGE



TUESDAY!

FITNESS CENTER
1ST - 2ND PLACE
AWARDS

SPONSORED BY
GATORADE

No federal endorsement
of sponsor intended.

Aero Club 456-8179



Open House

Oct. 15, 11 a.m. - 5 p.m.

FREE initiation
FREE hot dogs and soda

Learn to fly , earn private pilot's license, profes-
sional instruction & perfect safety record.

Call 456-8179 for more information.